What is claimed:

A light source comprising:

a sealed, light-transmissive tube containing high
5 pressure gases or high pressure gas mixtures at a high
pressure;

a microhollow cathode (MHC) discharge comprising a first electrode mounted within said tube, said first electrode consisting of a conductor having a single hole or 10 a plurality of holes therein, each of said holes having an arbitrary shape and an area in the range from 0.001 mm² to 1 mm²:

a second electrode mounted within said tube and spaced from first electrode by an insulator which has a hole or holes similar to the hole(s) in the first electrode;

electrical means for coupling electrical energy to said first and second electrodes for producing discharges in each of the holes in said first electrode;

 $$\operatorname{both}$ electrodes having a thickness in the range $20\ \operatorname{from}\ 0.05\ \operatorname{mm}$ to $0.5\ \operatorname{mm};\ \ \text{and}$

the insulating spacer having a thickness in the range of 0.1mm to 1 mm.

- The light source of claim 1 wherein the high
 pressure is in a range of about 100 Torr to about 1,500 Torr.
 - 3. The light source of claim 1 wherein the high pressure gas is Ne. $\,$
- 30 4. The light source of claim 1 wherein the high pressure gas is He.
 - 5. The light source of claim 1 wherein the high pressure gas is $\mbox{\rm Ar.}$

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6. The light source of claim 1 wherein the high pressure gas is a mixture of Ne and $\rm H_2$, and wherein the $\rm H_2$ concentration is below 1%.

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- 7. The light source of claim 1 wherein the high pressure gas is a mixture of Ne and N_2 and wherein the N_2 concentration is below 1%.
- 8. The light source of claim 1 wherein the high 10 pressure gas is a mixture of Ar and $O_{2,}$ and wherein the O_{2} concentration is below 1%.
- 9. The light source of claim 1 wherein the high pressure gas is a mixture of He and $\rm H_2$ and wherein the $\rm H_2$ 15 concentration is below 1%.
 - 10. The light source of claim 1 wherein the high pressure gas is a mixture of He and O_2 and wherein the O_2 concentration is below 1%.
 - 11. The light source of claim 1 wherein the high pressure gas is a mixture of He and N_2 and wherein the N_2 concentration is below 1%.
- 12. A method of generating intense hydrogen Lyman-a or Lyman-ß emissions or atomic oxygen and nitrogen emissions in the spectral range from 100 nm to 150 nm comprising:

placing a MHC discharge device into a container which contains a gas mixture.

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13. A light source comprising:

a sealed, light-transmissive tube containing gases or gas mixtures at a high pressure;

an array of microhollow cathode discharges 35 comprising multiple microhollow cathode discharges, wherein

each microhollow cathode discharge comprises a first electrode mounted within said light-transmissive tube, said first electrode consisting of a conductor having a single hole or a plurality of holes therein, each of said holes having an arbitrary shape and an area in the range from 0.001 mm² to 1 mm²:

an anode comprising a distributed resistive ballast comprising a semi-insulating material mounted within said light-transmissive tube and spaced apart from the adjoining 10 first electrode of the microhollow cathode discharge array by an insulator which has a hole or holes similar to the hole(s) in the first electrode; and

electrical means for coupling electrical energy to said first and second electrodes for producing discharges in each of the holes in said first electrode; and

an insulating spacer.

14. The light source of claim 13 wherein the semi-insulating material is silicon.